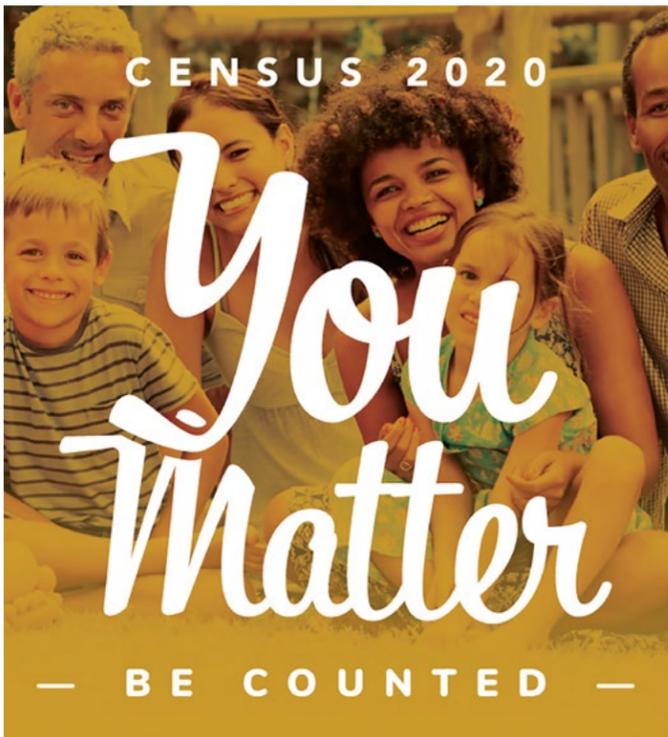


## There is Consensus: You Matter



### No Joke, the 2020 Census Begins April 1st

emergency services, transit, health services, and a myriad of other necessary services that are distributed partly based on population data.

**WHO SHOULD RESPOND?** EVERYONE. A complete and accurate count in Millcreek includes everyone of ANY age or ethnicity living in our city. Seniors in assisted living facilities, the homeless population, and the refugee and immigrant populations all need to be counted along with families of all shapes and sizes.

**HOW DO I RESPOND?** The 2020 Census is easier to take than ever before. For the first time, it can be done in minutes online, including on your smartphone. The census can also be completed easily by phone call or by mail. Computers are available at City Hall (3330 S 1300 E) for you to use weekdays between the hours of 8 am to 5 pm.

**HOW LONG WILL IT TAKE TO RESPOND?** The census form is less than 10 questions per person and just takes a few minutes to respond. The questions include name, sex, age, date of birth, Hispanic origin, and race. The person filling out the census form for a household (householder) will be asked additional questions including their relationship to each member of the household.

**IS MY INFORMATION SAFE?** By law, all information gathered by the census is confidential. Your answers can only be used to produce statistics that do not include anything that will identify you. The “72-Year Rule” allows the National Archives to release census records to the general public 72 years after Census Day. Information you provide in 2020 will not be released until 2092.

**WHAT ABOUT SOMEONE WHO DOESN'T SPEAK ENGLISH?** The 2020 Census will include content in 59 languages, including language assistance guides and videos that explain how to complete the 2020 Census questionnaire online, by phone or by mail.

The Census impacts every part of life in Utah and in Millcreek, it is important to be counted. Information on all aspects of the 2020 Census can be found at [census2020.utah.gov](http://census2020.utah.gov).

You matter. Be counted.

**A**pril 1st, 2020 is the BIG DAY! Census Day is observed nationwide and is the day that every person in the United States should submit their census form online, by phone, or by mail.

Letters inviting everyone to respond to the 2020 Census were mailed out in early March and online responses began to be collected on March 12th. Be sure to go online, call, or mail in your form by April 1st and help the 2020 Census count be complete and accurate.

**WHY IS THIS IMPORTANT?** The U.S. Census helps fund schools, health care, roads and other important parts of our community. Millcreek relies on grant funding for large road projects such as the 3900 South Improvement project that will rebuild the road, add sidewalks and other safety features, and will cost around \$10 million dollars. Our city budget (and most city budgets) simply cannot pay for needed improvements such as this. Our staff is constantly looking for grant opportunities to help with road and other projects. Millcreek also benefits from funding for schools,

### Here's Millie!



#### MILLIE MILLCREEK

The sun is shining and bulbs are starting to poke up from the ground to bring in some color. Spring is in the air, and I am thrilled. Anyone who knows me, KNOWS I love different seasons. When I first met Milford, I remember him telling me that spring was his favorite season. I couldn't understand it then (since I have always belonged to “team fall”) until a dear family member of ours who had been diagnosed with cancer told me about her love of spring. While she was doing chemotherapy treatments her mantra became, “I will feel better when the daffodils come out.” There have been several instances in my life when I have thought about things to look forward to in the spring because of her and it has helped me. She has since passed away, but each spring I can't help but reflect on her words of wisdom in looking forward to and enjoying the splendor that nature provides us around every corner.

Thankfully, Millcreek is full of spectacular signs of spring throughout our area. When I take my walk through our neighborhoods, I especially get encouraged by the stubbornness of some flowers. I love that despite the snow or cold nights, the daffodils, crocuses, tulips, and snow drops persist in coming up as the first spring flowers. Progression and change are all around us, and it feels like a fresh start. I hope that as you step into this spring season you take the time to pay attention to the tiny leaves budding on bare branches or to listen for birds migrating back for the summer and relish the newness and transformation of this time of year. I know I am going to!

Xoxo  
Millie

## SPRING HAS SPRUNG Petunias and Potholes

Here at the city springtime means many things to our Public Works Department. Work can begin to complete roadway maintenance, storm drain repairs and to fill many potholes that appeared over the winter season.

After a long winter of planning, the weather is finally allowing construction to begin on some needed capital improvement projects.

Two drainage projects are underway, both in areas where failing pipes or inadequate storm drains have caused storm water from a roadway to enter private property, sometimes even residences.



#### HILLSIDE LANE DRAINAGE PROJECT

A collapsed storm drain pipe has prevented the existing storm drain system on Hillside Lane from Spring Haven Drive to 3900 South from functioning properly. In addition to repairing the collapsed pipe, new storm drain pipe, inlets and clean outs are being installed to better manage storm

runoff. The estimated cost of this project is \$275,000 and construction should be completed by May, weather permitting.

#### CENTRAL AVENUE DRAINAGE PROJECT

Insufficient infrastructure that functions poorly on Central Avenue between State

*cont. on page 8 Potholes*

PRESRT STD  
US POSTAGE  
PAID  
PERMIT 7148  
SLC, UT

MILLCREEK  
3330 S 1300 E  
Millcreek, UT 84106

# BUILDING CODES?

PERMITS | ORDINANCES | PROCEDURES



## Council Adopts New On-Premise Sign Ordinance

**SIGN ORDINANCES ARE A CAREFUL BALANCE BETWEEN BUSINESS OWNER RIGHTS AND THE PUBLIC'S INTEREST IN KEEPING MILLCREEK AESTHETICALLY PLEASING AND SAFE.**

There are two types of regulated signs in Millcreek: (1) on-premise signs, which advertise businesses that are physically located on the same property as the sign, or products sold there; and (2) off-premise signs, which adver-

tise businesses or products not located on the same property. The City Council recently adopted a new ordinance governing the first type of sign: on-premise signs. The on-premise sign ordinance was created with input from the Millcreek Business Council, all Community Councils, and the Millcreek Planning Commission. After a public hearing, the City Council officially adopted the ordinance on February 11, 2020.

The City has tried very hard to make adjustments where necessary without creating a hardship for businesses. Here is a summary of how the regulations affect existing or new signs:

**WHAT DOES THE NEW ON-PREMISE SIGN ORDINANCE MEAN FOR ME IF...**

**I have an existing sign on my property:** If you have an existing sign and maintain it in good condition then you are welcome to continue using the sign as long as it advertises a current business on the property. Vacant signs or signs that are not properly maintained are in violation.

**I would like to modify an existing sign:** Sign adjustments such as face changes, text, color, or maintenance are always permitted for any sign. Just double check with the City that the alterations you are contemplating don't require a building permit.

**I would like to replace an existing sign:** If your sign is

deteriorating or you completely remove a sign voluntarily, you are required by ordinance to build a new sign that is compliant with this newly adopted code. If you are making structural changes to a sign in excess of 50% of the total sign area, then you are required to bring your sign into compliance with the newly adopted code.

**I would like to build a new sign:** Any new signs built after February 11, 2020 are required to be compliant with the newly adopted code. If you apply for a building permit for a sign after February 11, 2020 your sign is required to be compliant with the newly adopted code.

**WHAT ABOUT TEMPORARY SIGNS?** Temporary signs are ones that can be moved easily,

typically made of paper, plastic, or banner material and are meant to promote any business initiative that is timely and has a clear beginning date and end date. Because they are a safety hazard for pedestrians, cyclists and motor vehicle drivers, temporary signs are never allowed in the right of way of the street. This includes park strips, sidewalks, road asphalt, or driveways intersecting a public street. Temporary signs may be located on private property 5 feet from the right of way. All "A" frames must be taken in at night. Temporary signs may not be used in lieu of a permanent sign for a business. Temporary signs in violation can be reported on the Millcreek website through the "Report a Concern" button.



**VENTURE OUT! 2020 SUMMER NIGHTS**

**2020 FREE**

**JUN 5-AUG 7 FRIDAY NIGHTS 6 PM-TWILIGHT**

**Life's Better Outdoors!**

**VentureOut.org**

### Get Ready for Friday Night Summer Fun!

Venture Out! 2020 Summer Nights are fast approaching and June 5 is the kick-off event at Canyon Rim Park.

Do you know a local business or organization interested in partnering with Venture Out! as a sponsor or vendor? Please help them connect

by contacting Natalie Clawson at [natalie@ventureout.org](mailto:natalie@ventureout.org) or 801-647-7602.

If you would like to be a Venture Out! volunteer contact Janie Daugirda [janie@ventureout.org](mailto:janie@ventureout.org) or 801-953-8470.

# Mill Creek Elementary Principal Ann Kane Champions For Our Kids

Mill Creek Elementary Principal Ann Kane was presented a well-deserved Award of Excellence as a Champion for Millcreek Kids at the Millcreek Promise Leadership Meeting this February. Principal Kane was recognized as a "Key Millcreek Partner."

Principal Kane has been instrumental in partnering with the Millcreek Promise Program to develop and build on the many programs designed to help Mill Creek Elementary students to excel. The Read With Kids project, with more than 40 volunteers who spend



time at the school each week reading one-on-one with students, has been shown to increase reading skills.

In another initiative, the Millcreek Promise Program partners with United Way to provide after school programming at Mill Creek Elementary.

Principal Kane is a wonderful educator with a heart of gold, willing to go out of her way for her students—



indeed, way out of the way: each year she climbs up on a ladder and allows herself to be duct taped to the flagpole as a reward to the students for work well done. We are so lucky to have her as a member of our community.

Way to go, Principal Kane. You are indeed a Champion for Millcreek Kids!



## The LeBaron Family Singers

By Grace Bauman

Everyone knows good singers have massive amounts of talent. A truly good singer is like a diamond in the rough. Yet, the LeBaron family has not one, not two, but eight diamonds in the rough! This incredible family calls Millcreek home, and I recently got to interview one member of the family: Jayson LeBaron. It was incredible hearing his stories as well as what it takes to make great family singers.

### HOW IT BEGAN

The heads of the LeBaron family, Jerry and Denise, fostered a love for music in their children—Jordon, Heidi, Jayson, Juston, and Landon—from a young age. The children learned to sing parts from their mother while being accompanied and encouraged by their father. The family began sharing their gifts with the community through care center performances, school musicals, religious meetings and more. In college,

Jordon, Jayson, and Juston LeBaron pursued musical theater. While there, they met their sweethearts in the music program and have enjoyed singing together ever since.

### THE BEST AND HARDEST PARTS OF SINGING TOGETHER

For Jayson LeBaron, making harmonies is where it's at! When the family creates beautiful parts that fit together, it's music to the ears! The gifted family enjoys creating their own harmonies. They love singing a variety of songs. As a family that loves musical theater, the ability to sing showtunes together is a must! The family especially loves singing music from the hit musical, *Les Misérables*. What's the downside to being able to make beautiful music together? Well, life is busy for everyone in the family, and finding the time to get together and sing is difficult. However, the family has a passion for singing together and makes the time to do so. Additionally, the LeBarons are constantly learning new literature, and keeping up on all the new music can be a struggle. Luckily, the LeBarons passion makes up for all the hardship.

### LES MISÉRABLES

The LeBarons have a special spot in their hearts for *Les Misérables*. In 2018, the family posted a video on YouTube of them singing a medley of songs from the musical. Since then, the video has achieved a staggering

1.6 million views, 52,000 likes, and 36,000 followers. Almost two years later, the family continued with the *Les Misérables* theme and worked on Jayson's favorite project: a karaoke version of the song "One Day More." This vocally impressive and touching video featured multi-generations of the LeBaron family, including little infants being held in their mother's arms. One day, the LeBaron family dreams of performing a full production of *Les Misérables*, complete with compelling acting, beautiful music and breath-taking costumes.

### PIG STIES AND AMERICA'S GOT TALENT

The family fortunately has had many opportunities in many interesting places. The LeBarons were once extended the opportunity to sing at Cornbellies at Thanksgiving Point. When they arrived, they were told they would be performing in the barn. They walked into the barn, only to discover that they were officially going to perform in the pig sty. The music could hardly be heard over the snorting, but at least the pigs were entertained!

The LeBarons wowed Hollywood when they had the opportunity to audition for the hit television show *America's Got Talent*. Auditioning gave them the opportunity to sing in front of judges and try to compete for one million dollars. Although the family didn't make it past preliminary auditions, they learned a lot about themselves and their music. They were truly grateful for the knowledge learned, kind judges, and cool experience.

The family continues to enjoy performing in the community. They perform at a variety of veteran's homes because it is obvious how much the veterans love it. They also love performing at churches and schools.

### WHAT'S SO GREAT ABOUT LIVING IN MILLCREEK?

Jayson LeBaron says his favorite part about living in Millcreek is the central location. He loves being so close to downtown and easily connected with everywhere else. He also loves how friendly all the neighbors are. The city of Millcreek has a fantastic community feeling, like one big family.

WATCH FOR A  
CENSUS BUREAU LETTER  
WITH INSTRUCTIONS  
ARRIVING IN  
MAILBOXES SOON



**THE WORLD OF RECYCLING HAS CHANGED AND CONTINUES TO EVOLVE.** Since China has stopped accepting recycled materials from the US, new strategies are needed. We have heard from Millcreek residents that recycling is important to them, but many are not sure what continues to be good to place in the blue bin and what should go into the black can. Additionally, confusion has arisen since the cities in the south end of Salt Lake Valley whose recycling materials go to the Trans-Jordan Landfill have stopped accepting anything except plastic, metal and mixed paper.

A group of interested parties from Millcreek have come together to discuss methods to help residents understand the new recycling strategies. This group, together with representatives from the Wasatch Front Waste & Recycling District, meet monthly and are making plans including how best to reach Millcreek residents and provide recycling education. Some ideas have been to table at events such as the Venture Out! festivals and

to develop labels to be placed on the lids of blue cans reminding residents of what they should and shouldn't recycle.

All of us for years have heard "Reduce, Reuse and Recycle" but considering the recent changes, residents should concentrate on the Reduce and Reuse parts of the slogan. Recycling will always be important but needs to be done correctly. When contaminated items end up in the plants that sort materials, they are rejected and sent to the landfill. The cost of this not only includes additional trucking charges to get to the landfill but articles that were not contaminated items becoming contaminated and not able to be recycled.

Educating the public about recycling is a huge undertaking. Any resident who is interested in helping out by joining the Recycling Committee is very welcome. If you would like to join, attend a meeting or learn more, please contact Rita Lund, rlund@millcreek.us or by phone at 801-214-2707.

# Top 5 Types of Trash To Keep Out of Your Blue Cans:

1. Plastic bags, bubble wrap, shrink wrap, packaging, and trash bags
2. Single-use items and all Styrofoam (to-go containers, plastic and paper tableware, wrappers, napkins, and straws)
3. Food waste and liquids (pizza boxes, carry-out food containers, and leftover food)
4. Fabric/textiles
5. Carpets and pads

## Hard to Recycle Materials Guide

For more locations and items, visit [www.slco.org/recycle](http://www.slco.org/recycle)

<b>Antifreeze</b> 1 2 3	<b>Pallets</b> ★ Pallet Express
<b>Batteries</b> 1 2 3	<b>Plastic Bags &amp; Plastic Packaging</b> ★ WinCo & Target
<b>Bicycles</b> ★ Bicycle Collective	<b>Mattresses</b> 8
<b>Green Waste</b> 1 2	<b>Paint</b> 1 2 3
<b>Bulk Cardboard</b> 1 2 4	<b>Building Materials</b> ★ Habitat for Humanity ReStore
<b>Carpets Pad</b> 1	<b>Cooking Oil</b> 5
<b>Chemicals</b> 1 2	<b>Electronics</b> 1 2 ★ Best Buy
<b>Freezers</b> 1 2	<b>Textiles</b> ★ Goodwill/Thrift Store
<b>Gasoline</b> 1 2	<b>Refrigerator</b> 1 2
<b>Glass</b> ★ See other side	<b>Scrap Metal</b> ★ Metro Group Inc
<b>Oil</b> 1 2 3	<b>Styrofoam</b> 6
<b>Fluorescent &amp; CFL Light Bulbs</b> 1 2	<b>Tires</b> 7

### Locations and Information

<b>1</b> Salt Lake Valley Landfill Hazardous Waste Facility 6030 W 1300 S Mon-Sat 8:00 to 4:00 pm	<b>2</b> Trans Jordan Landfill Hazardous Waste Facility 10473 S Bacchus Hwy Mon-Sat 8:00 to 4:00 pm	<b>3</b> Murray Public Works ABOP Facility 4646 S 500 W Mon-Fri 7:00 to 3:30 pm	<b>4</b> Rocky Mountain Recycling Recycling Facility 2950 W 900 S Mon-Fri 7:30 to 4:30 pm
<b>5</b> Renegade Oil Oil Recycling Facility 1141 S 3200 W 801-973-7912	<b>6</b> Marko Foam Packaging Foam #6 Only 720 S Gladiola St, Suite B 801-972-1354	<b>7</b> Liberty Tire Recycling Tire Recycling Facility 1398 N Beck Street 801-364-7900	<b>8</b> Spring Back Utah \$10 Mattress Recycling 6030 W 1300 S Mon-Sat 8:00 to 4:30 pm

Wasatch Front Waste & Recycling District  
604 West 6960 South, Midvale, Utah 84047

Phone: (385) 468-6325 • Fax: (385) 468-6330  
Info@wasatchfrontwaste.org | wasatchfrontwaste.org

# Tips to Stay Healthy and Safe

For the past few weeks we have been hearing about the Coronavirus (COVID-19) which has been rapidly spreading across the globe. There are several things we can do to prevent the spread of this virus and others that can make you and your family sick.

What should we do now in our homes and workplaces to stay healthy?

**BASIC HYGIENE IS ESSENTIAL AND IS SOMETHING WE CAN CONTROL. BE STRICT ABOUT FOLLOWING THESE SUGGESTIONS TO PREVENT TRANSMISSION:**

- Wash your hands often with soap and water for at least 20 seconds. This is especially important when you have been out in public places. Stock your home and workplace with lots of soap.
- Use an alcohol-based hand sanitizer if you are in a pinch. Carry one in your pocket, purse, car, etc. Buy large bottles of replacement sanitizer.
- Do not touch your eyes, nose, and mouth with unwashed hands, this is how the flu and COVID-19 are transmitted.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze in the crook of your elbow.

## About 2019 Novel Coronavirus (COVID-9)

This illness can be mild. However, in some cases it is severe enough to require hospitalization. If you have been to mainland China within 14 days and are experiencing these symptoms, seek medical care immediately and tell your healthcare provider about your symptoms and travel.



### Who is at risk?

- Recent travelers from mainland China. This does not include Taiwan, Macau, or Hong Kong.
- Individuals with close contact to a person with COVID-19.
- Current risk to the general public is low.



### How is it spread?

- Through the air after coughing or sneezing.
- Close personal contact with an infected person.
- Touching an object that has the virus on it, then touching your mouth, nose, or eyes.



### What are the symptoms?

- Fever
- Cough
- Shortness of breath

Symptoms may appear in as few as 2 days or as long as 14 days after exposure.

### To prevent illness:

- Clean and disinfect frequently touched objects and surfaces. Purchase disinfectant sprays and wipes that will kill 99.9% of germs.

### THIS VIRUS IS A GOOD REMINDER THAT OUR HOME PREPAREDNESS PLANS SHOULD INCLUDE:

- Enough essentials to shelter-at-home for a few weeks, if that is prudent or requested.
- Being financially prepared to sustain an unlikely, temporary interruption to our paychecks.

- Wash your hands often.
- Avoid contact with people who are sick.
- Avoid touching your mouth, nose, or eyes.

- Make purchases of products you need as soon as you can as shortages or unavailability can occur. Expect price increases on products.

The risk of COVID-19 is associated with recent travel to China or other locations with confirmed community spread. It is not associated with any particular group of people, nor any ethnicities. Please refer only to credible sources of information about COVID-19, such as the Centers for Disease Control or the state and local Departments of Health.



## Glass Recycling

To sign up for curbside recycling or for more information, visit [www.wasatchfrontwaste.org/glass/](http://www.wasatchfrontwaste.org/glass/)

### Curbside Collection

Curbside collection is available in the following cities:

Emigration Canyon	Canyon Rim	Millcreek
East Mill Creek	Mount Olympus	Murray annex
Holladay	Cottonwood Heights	Taylorville

How it works:

- Service is optional
- All colors of glass bottles and jars are accepted
- \$8 monthly fee + an additional \$45 startup fee
- Monthly collection with text or call reminders
- Glass collected in a grey 35-gallon can
- Please NO ceramics, Pyrex, windshields, light bulbs, windows, mirrors, bags/boxes/6-pack cartons

### Drop-Off Collection Sites

Wasatch Front Waste and Recycling District has eight drop-off glass sites for residents who do not wish to/can not subscribe to the curbside service.

Keep in mind these sites are heavily used, especially on the weekends, and are intended for residents only.

Please NO ceramics, Pyrex, windshields, light bulbs, windows, mirrors, bags/boxes/6-pack cartons!



Upper District Park  
3560 S Wasatch Blvd



Taylorville Park  
1628 W 4800 S



Cottonwood Heights  
6600 S 3000 E



Scott Ave Park  
3475 S 800 E



Magna Rec Center  
3270 S 8400 W



Holladay City Hall  
4580 S 2300 E



Herriman Fire Station  
5928 W 13100 S



Harmons Brickyard  
3270 S 1300 E

Wasatch Front Waste & Recycling District  
604 West 6960 South, Midvale, Utah 84047

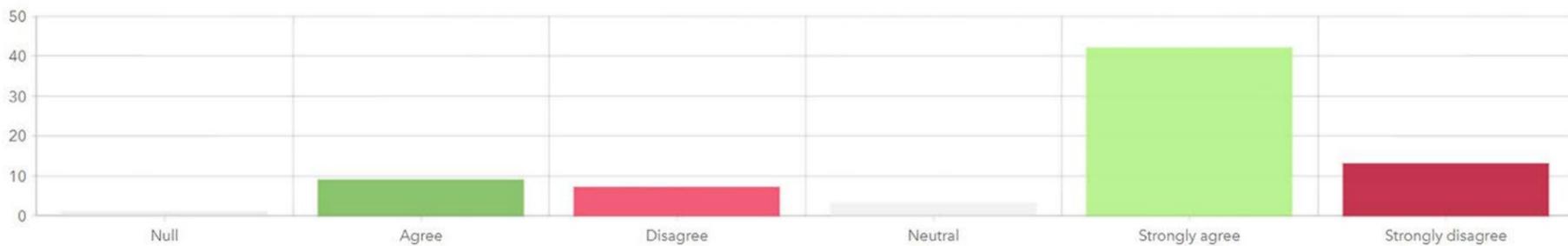


# Millcreek's Future Grown-Ups Participate in Lego League and Weigh in on What Goes in Millcreek Common

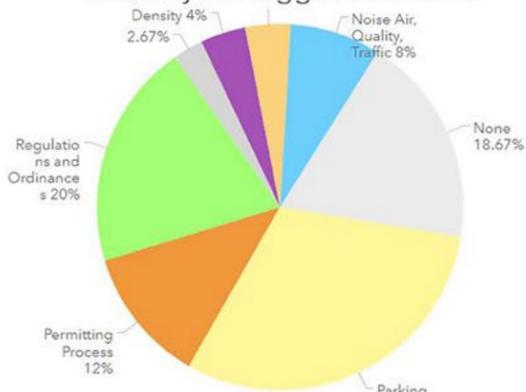
With the help of Mill Creek Elementary and the Rotary Club of Millcreek, 25 fourth-, fifth-, and sixth graders at Mill Creek Elementary represented the city at the State's Lego League Championship at Weber State University, on February 1, 2020. To prepare for their championship, students were asked "What if you could find a better world? Where would you begin?" Their challenge was to work together to imagine a better future for everyone. Led by Mill Creek teacher Jackson Bellaimey, the Lego League worked through the fall and winter on their projects. During that time, *cont. on page 6 Lego League*

# To ADU Or Not To ADU: That Is The Question

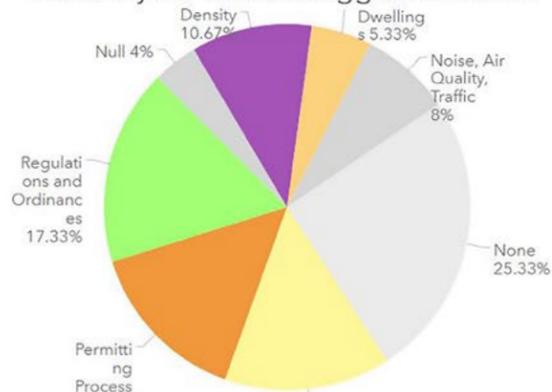
What are your thoughts on permitting ADUs in Millcreek?



What is your biggest concern?



What is your second biggest concern?



Millcreek has collected information regarding how residents feel about the possibility of allowing Accessory Dwelling Units (ADU's) in the city through two surveys and at two Open Houses. The Open Houses, particularly the second one held in January 2020, were well attended. Residents were asked to sign in electronically at the door and to answer one question, "How do you feel about permitting ADU's in Millcreek?" The majority agreed or strongly agreed that ADU's should be permitted.

The Open House format allowed residents to talk in small groups with city planners and staff allowing individuals with varying opinions to discuss whether or not to permit ADUs.

Many questions have been raised. Some of those questions and a response from Millcreek Planning Director, Francis Lilly follow:

- **WOULD IT BE POSSIBLE TO HAVE MORE THAN ONE ADU ON A PROPERTY, DEPENDING ON THE SIZE?**  
Could you add one on top of a garage and one on

the property? Ordinances in most other cities only allow one ADU on a property, and that's what I recommend we do too.

- **ARE THERE SIZE RESTRICTIONS ON AN ADU?** Is there a minimum size and a maximum size? I think there would be size limits, both minimum and maximum. We already have in our code a maximum lot coverage requirement for single-family homes, and I don't think that would change.
- **CAN THEY BE MORE THAN ONE LEVEL?** Depends on configuration. If an ADU goes above a garage, yes. If it's in a separate building – then probably not.
- **HOW ARE UTILITIES AND SERVICES CONTEMPLATED FOR ADUS?** Are they independent of the primary residence or attached to the primary residence? Would they have their own water line, sewer pipes, gas lines, etc? Will this cause the streets to be dug up to install these new services? I

don't know yet. I feel strongly that an ADU should be tied to the main water and sewer lines on the property, however separate gas and electric meters may be appropriate for ADUs.

- **HOW IS THE PROPERTY TAX IMPACTED IF AN ADU IS ADDED?** If an ADU is added, then the assessor would treat it as a second legal unit on a property, and the property would be taxed accordingly, as though it were a duplex or had a basement apartment.

All of the comments and concerns collected so far will be consolidated to determine whether to proceed with an ADU ordinance and how it should look.

If a determination is made to proceed, a preliminary draft ordinance will be produced, and we will once again be reaching out to residents to make comment.

Please watch for information as we move through the many steps of this process. Thanks again to everyone for helping.

cont. from page 5 Lego League



ten members of the Rotary Club of Millcreek worked with Mr. Bellaimey to mentor and prepare for the championship.

Meanwhile, the kids determined to weigh in on what they wanted to see in the Millcreek Common, the signature open space at the heart of Millcreek's City Center.

Above all, the students love the idea of a big park in our city center. After taking into consideration such constraints as space, height, and the people the space will serve, these future planners concluded the park should include multiple "biomes", including a desert scape, a wetland, and a forest, all of which could be conducive to

local insects and birds.

They also planned an observatory; different playgrounds with plenty of seating for adults; a sledding hill that could double as amphitheater seating in the summer months; and space for food vendors.

They then created these spaces with Lego building blocks, which helps the rest of us visualize how their ideas fit together.

Our kids—our future—came up with a remarkably similar concept to what the professionals and grown-ups in the community have been angling toward.

This effort was due the heroic staff at Mill Creek Elementary who put in extra hours and boundless, tireless work into cultivating opportunities for education and growth for our youth, and to the support of the Rotary Club of Millcreek, who donated volunteer hours and \$1,500 in seed money to get the League started. Finally, many thanks to Mr. Bellaimey for his terrific teaching ability and extra work on this big project.

# Childhood Hunger Exists in our own Backyard

Mill Creek Elementary (3761 S 1100 E) right here in Millcreek has over 400 children attending with over 40 different languages spoken at the school. Principal Ann Kane tells us that food insecurity is a reality at the school. The school is so sensitive to the concern that prior to Christmas vacation each child was sent home with a box of cereal to have during the break.

Generosity Feeds, a 501(c)(3) non-profit organization, is fundraising for an event on April 18,

2020, to pack 15,000 meals to be given to the children at Mill Creek Elementary for weekends, school breaks and holidays. These meals are black beans, rice, dehydrated vegetables, and protein—a combination that is a complete food and developed by an executive chef to taste good. The shelf life of these meals is one year. Each meal costs one dollar (administrative costs are raised by a separate avenue).

The hope is to have over 200 volunteers packing these meals.

Generosity Feeds is looking for financial donations for supplies for the event and will be seeking volunteers as the event gets closer. Every dollar helps — no donation is too too small.

Let's change the face of childhood hunger in our community. Thank you for considering donating to this important community event.

**VISIT FEEDINGMILLCREEK.ORG AND SCROLL DOWN TO MAKE A DONATION.**



## More Than Just an Art Studio

By Grace Bauman

How many of us have looked at art and thought “I could never do that!” Cynthia Dobbs, artist and owner of Impressions Art Studio understands that feeling. Yet, through Impressions Art

Studio, she proves the ability to create beauty is accessible to all.

**ROCKY BEGINNINGS AND A LIFELONG LOVE** Cynthia has always been a “natural born artist.”

As a young girl, she could not stop drawing and painting. But it was an elementary school Reflections competition that she found her niche. Cynthia created her first oil painting, a realistic painting of a wine jar and fruit and was disqualified. The painting was so good the judges assumed that her parents had done it.

Cynthia’s love for art, especially oil painting, prevailed during her school years but due to dyslexia, her reading, writing, and science became increasingly difficult. After failing many classes, she quit school and became a beautician and enjoyed it.

But about twenty years ago, she began having art classes in her front room. They were a massive success and became so popular that Cynthia moved her classes to her current Impressions Art Studio at 1050 E 3300 S.

**MORE THAN JUST A STUDIO—A COMMUNITY** To Cynthia, art is more than just paint on a canvas, “Art is therapy.” Through Impressions Art

Studio, Cynthia creates a “space for men and women to come express themselves and talk—without barriers stifling them. It’s a safe place.” Walking into the studio, one is greeted with calm music and lighting, the smell of wet paint, and beautiful art hanging on the walls from students. A feeling of peace immediately overwhelms any visitor.

For one of her students, Impressions Art Studio helped her find a love for art again. A natural painter, the student stopped painting for a time and thought she had lost all her creative ability. Through Cynthia’s gentle guiding hand, the student got her love of painting back. Talking about her experience, she said, “Cynthia literally changed my life, made this place safe, and my fear just melted away.”

**WHAT IS ART?** Art is therapy. Everybody has artistic ability. It comes from the heart and deserves to be appreciated. For those who feel they aren’t artistic Cynthia advises to create something just for yourself. Not all art is going to be hung in a museum, or put on display.

Cynthia works hard to make art accessible to everyone, regardless of ability. She offers many classes: basic drawing, watercolor, wire trees, mandalas on rocks, book art, paint pouring, collages, oil painting, and much more. Some people look at the impressive paintings in her studio, and exclaim, “I can’t do that!” she simply smiles and says, “but you can do THIS!” and shows them her many classes to express themselves artistically.

## STAY IN THE KNOW AND MAKE YOUR VOICE KNOWN



**MAYOR, JEFF SILVESTRINI**  
801-214-2705  
jsilvestrini@millcreek.us



**CITY COUNCIL DISTRICT 1**  
**SILVIA CATTEN** 801-214-2701  
scatten@millcreek.us



**CITY COUNCIL DISTRICT 2**  
**DWIGHT MARCHANT** 801-214-2702  
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**CITY COUNCIL DISTRICT 3**  
**CHERI JACKSON** 801-214-2703  
cjackson@millcreek.us



**CITY COUNCIL DISTRICT 4**  
**BEV UIPI** 801-214-2704  
buipi@millcreek.us

**JOIN US FOR CITY COUNCIL MEETINGS**  
EVERY 2ND AND 4TH MONDAY WORK MEETINGS: 5:00 PM, REGULAR MEETINGS: 7:00 PM. EVERY 3RD MONDAY WORK SESSION: 5:30 PM  
MILLCREEK CITY HALL, 3330 S 1300 E

**STAY UP TO DATE ON MILLCREEK**  
SIGN UP FOR OUR WEEKLY ELECTRONIC NEWSLETTER FOR INFORMATION AND CITY MEETING AGENDAS:  
MILLCREEK.US/NEWSLETTER

**COMMUNITY COUNCIL MEETINGS**

**MT. OLYMPUS COMMUNITY COUNCIL**  
1st Tuesday at 6:00pm  
Churchill Jr. High  
3450 Oakview Drive  
**DAVID BAIRD, CHAIR**  
davidbaird70@yahoo.com  
801-831-7943

**MILLCREEK COMMUNITY COUNCIL**  
1st Tuesday at 6:30pm  
Millcreek City Hall  
3330 S 1300 E  
**DIANE ANGUS, CHAIR**  
dangusmail@yahoo.com  
801 266-1410

**CANYON RIM CITIZEN'S ASSOCIATION**  
1st Wednesday at 7:00pm  
Christ United Methodist Church  
2375 East 3300 South  
**JEFF WATERS, CHAIR**  
jeffgolfguy@comcast.net  
801-557-6110

**EAST MILL CREEK COMMUNITY COUNCIL**  
1st Thursday at 6:30pm  
Millcreek Community Center  
2266 E. Evergreen Ave.  
**NANCY CARLSON-GOTTS, CHAIR**  
n.carlsongotts@comcast.net  
801-582-9373



# 5 Foods For Great Skin

**CARROTS**

Carrots get their orange color, and also their name, due to their rich amounts of beta-carotene. Beta-carotene is considered an alternate, older form of vitamin A, which is also the key ingredient in Retin-A, a skin care product used for renewing skin. Beta-carotene is known for decreasing how much oil your skin produces.

**ALMONDS**

Almonds are a type of nut rich in protein as well as vitamin E. Vitamin E is known as a strong antioxidant that helps the body remove toxins as well as prevent wrinkles and other signs of aging.

**BERRIES**

There are many types of berries that you can enjoy to gain a large helping of antioxidants: Cherries, blueberries, blackberries, acai berries, raspberries, cranberries, and others are all capable of protecting the skin from free radicals in varying degrees. So long as they are in a vibrant shade of red or blue, you can eat them stress free. We recommend consuming multiple berries for meals, drinks, snacks, and even dessert throughout the day.

**SALMON**

Salmon is a great source of antioxidants. Salmon and other fish contain omega-3 fatty acids that are capable of creating healthy skin cells. Our bodies require fatty acids, because we cannot produce them on their own. We need to eat foods containing fatty acids like salmon to keep our mind and body healthy, as well as, healthy skin. Eating salmon will help the skin feel more hydrated especially during the cold dry conditions in Utah.

**MILK**

Milk, as you know, is a great source of calcium and vitamin D. Vitamin D is capable of maintaining a healthy complexion and helps to prevent wrinkles from forming. If you're not a big milk drinker consider taking an ADK Vitamin. Most Utahans need to supplement Vitamin D and the combination of Vitamins A and K ensure proper absorption.

Cheers to eating well, feeling good, and looking great.

*Aviva Woman Medical Spa + Hormone Clinic | 801-500-0919  
999 E Murray Holladay Rd. Suite 204 | avivawoman.com*

cont. from page 1: Potholes




**MEET WITH THE MAYOR**

Like to have a conversation with Mayor Jeff Silvestrini? He is available on Fridays from 2-4 p.m. for 15 minute appointments. Please call the Millcreek Information Center at 801-214-2700 to schedule an appointment.

Street and Main Street is another area where rain events have caused storm water problems for residents and businesses. To address the problem, the addition of a properly designed storm water drainage infrastructure as well as sidewalk, curb and gutter is needed. The estimated cost of this project is \$505,000 with anticipated completion this fall.

Both of these drainage projects highlight the inadequate storm water infrastructure that exists in many areas throughout Millcreek. The city is doing its very best to keep up with the problems using available funds. When storm drains fail or are inadequate, flooding happens or roads cave in. Events such as this often require emergency, unplanned repairs which are costly and pull available funds away from planned projects. Check out a video explaining the storm drain problem on the city website, Millcreek.us, by scrolling down to the bottom of the page and clicking on the tab that says YouTube.

Potholes and road repairs also become a big problem as the weather warms. Each year the pavement on all roads in the city is assessed and a pavement management program is designed to place overlay treatments on roads where the roadway life span can be extended for a few years.

Utah winters are tough on the roads and potholes seem to appear out of nowhere. Asphalt for long lasting pothole repairs is not available during the winter months. We can fill a problem pothole with a cold patch during the colder months but often these repairs don't hold up for long; maybe a snowplow comes by and just pops it back out.

Potholes are also expensive. Every time a crew must be dispatched to fill a pothole, there is a cost. Add them all up and addressing potholes becomes a significant piece of the roads budget. Stretching available funds to address emergency repairs, pavement management plans and pothole repairs require a serious budget balancing act.

We are working hard to keep our Millcreek roads safe and to stretch existing funds as far as possible. Residents can look at current and planned capital improvement projects on the city website, Millcreek.us. Click the "Maps" button on the left and scroll down to the Capital Improvement Projects box. If you have questions, you can contact Rita Lund at rlund@millcreek.us or by phone at 801-214-2707.

We appreciate the patience of residents as we approach construction season and would like to remind everyone to slow down and be extra cautious in work areas.



## important PHONE NUMBERS

- Millcreek City Offices:**  
801-214-2700
- Public Works Operations 24-Hour Hotline** (Snowplowing, pavement management, streetlights): 385-468-6101
- Emergency Services** (Preparation and Disaster Preparedness Programs): 801-214-2700
- Planning & Development Services** (Code Enforcement, Building Permits, Business Licenses): 801-214-2700
- Animal Services** (Adopt a Pet, Licensing, Pet Lost And Found): 385-468-7387
- Landfill** (Trash & Hazardous Waste Disposal, Compost Sales): 385-468-6370
- Parks & Recreation:**  
385-468-1800
- Library Services:**  
801-943-4636
- Wasatch Front Waste & Recycling** (Garbage and Recycling): 385-468-6325
- Aging Services** (Active Aging, Meals on Wheels, Senior Transportation): 385-468-3200
- Youth Services** (Counseling, Crisis Therapy, Substance Abuse Treatment): 385-468-4500
- Health Department** (Birth & Death Certificates, Food Handler Cards, Immunization Programs): 385-468-4100
- Salt Lake County Jobs:**  
385-468-0570
- South Salt Lake Valley Mosquito Abatement District,** 801-255-4651
- USU Extension Services** (Gardening, Natural Resources): 385-468-4820
- Weed Control:** 801-214-2700

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millcreek.us  
Millcreek City Hall, 3330 S 1300 E  
Millcreek, UT 84106 Main: (801) 214-2700