

MILLCREEK NEWS



Millcreek, Connected by Nature | Volume: 6 Issue: 1 | February-March | millcreek.us

Year In Review

Highlights of 2021

Two thousand twenty-one was a very busy year in Millcreek. From the election of a new Councilmember, the first change in the makeup of the City Council since incorporation, to continuing to safely provide the Venture Out! events for the community, there are many to highlight. Here are just a few.

We welcomed Thom DeSirant as the new representative for District 2, replacing retiring Councilmember Dwight Marchant, through an election that utilized Ranked Choice Voting.

Millcreek was recognized as the Best of State in three categories and became a Healthy Utah Community. On the environmental front, we celebrated the completion of improvements to Sunnyvale Park, there was a record number of rain barrel sales, and Millcreek became one of the newest Monarch Butterfly Cities.

cont. on page 2: Year In Review



Millcreek won three 2021 Best of State Awards: Best Mayor, Best Economic Development Management & Best Youth Organization.

The Utah League of Cities and Towns also designated Millcreek as a "Healthy Utah Community."

Here's Millie!



MILLIE MILLCREEK

Do you feel like winter is giving you "the cold shoulder" these days and you don't want to leave the house? Or are you the type that there's "snow" better place than up the mountains? If spending a lot of time in the cold is not your thing, then the research that Milford and I have been doing will make sure YOU can end February and March on a high note.

National Pancake Day is just around the corner (March 1st) and we want you to be prepared! Luckily, Millcreek is endowed with several cozy pancake spots to lift your spirits. Over the years I have written about delightful Roots Cafe, Over the Counter Cafe, Millcreek Cafe & Eggworks, Greenhouse Effect, Left Fork Grill, Beaumont Bakery & Cafe, Eggs in the City. One place Milford and I have recently rediscovered is Lazy Day Cafe located in Ivy Place Shopping Village at 2020 E 3300 S, Suite 23/24. Their lemon pancakes with buttermilk syrup is delicious. We highly encourage you to visit one of our great breakfast restaurants in Millcreek, and as always, SEND ME SOME MORE LOCAL RECOMMENDATIONS to check out.

If you aren't able to leave your home, try to get your endorphins flowing by creating a vision board. You can do it on your computer, on your phone or even make a physical vision board. Start by thinking about things you want to bring into your life and then look for photos, images, or words that relate to the goals or dreams that you would like to incorporate. Pictures and images help you visualize and remind you of your goals. Even if you don't know WHAT you really want, start thinking of things you want to learn, try, or ways you want to grow and develop. Vision boards can also be really fun to do as a family or as a couple.

Try something new! Recently, I checked out a couple of books from the Millcreek Community Center on water color painting and it is a lot of fun. Milford and I also signed up for an online course for a project we have been talking about for years. There are so many things online in addition to ALL the resources at the libraries in our own backyard. Carve out time by scheduling it in your calendar. Or partner up with someone else who is interested in the same thing.

Hope one of these ideas is helpful. Please let us know YOUR ways of making the most of your winter. Until next time!

XOXO, Millie

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Millcreek, UT 84106

A Conversation With Thom DeSirant

NEWLY ELECTED
2ND DISTRICT CITY
COUNCILMEMBER

Millcreek News (MCN): Tell us a little about yourself and why you chose to live in Millcreek.

Thom: I grew up in Maryland as the



youngest brother to three older sisters. By the time I graduated from college, most of my family had moved out west to Utah or Colorado. I visited Millcreek multiple times because one of my sisters lived here, and each time I came, I fell more and more in love with the city.

MCN: What is your interest in local politics and was there a specific event that sparked it?

Thom: I've worked in the political & non-profit world for years, and recently took the helm as the executive director of the Utah Democratic Party. I have always been interested in politics, but it wasn't until I helped with a municipal campaign in 2017 that I realized how much good can be done on a city level. The federal level of government always gets the spotlight, but I realized that you can make the

cont. on page 8: Thom

2021: Year in Review *Continued from pg 1*

Our Business Council held an extremely successful First Annual Business Council Awards Gala and worked to assist businesses impacted by the pandemic to survive and thrive. City staff continued to update and revise city ordinances and

the City Council passed the important Accessory Dwelling Unit ordinance. The Public Works Department applied for and was awarded grant funds to complete reconstruction of most major city roadways, including 3900 South.



Grants were obtained to purchase property along the eastern foothills of the city to protect it as open space, in perpetuity, through conservation easements.

Millcreek became a Monarch City and distributed hundreds of packets of milkweed seeds to residents.



Millcreek adopted an Accessory Dwelling Unit (ADU) ordinance.



Millcreek hosted the First Annual Business Council Awards Gala at Camp Tracy, presenting the Business of the Year Award to C. Kay Cummings Candy.



Millcreek partnered with the Utah Rivers Council to provide discounted rain barrels to residents.



3900 South was reconstructed in coordination with Holladay City at no cost to taxpayers by utilizing grant funds.



The 2021 election was successfully conducted with Ranked Choice Voting

Sunnyvale Park improvements were completed providing a safe and pleasant park experience for the Sunnyvale neighborhood.



The Millcreek Youth Council worked with partners on many great events: Fall Ball at the Utah School for the Deaf and Blind; Backpack Supply Drive with the Granite Education Foundation; "Thank You" Project that delivered a gift and notes to all 435 teachers and staff at Skyline, Olympus and Cottonwood High Schools.



Venture Out! events continued to be safely presented as we enjoyed Friday movie nights, a Rolling Car Show, and Weekends at Camp Tracy.



Be Ready For An Emergency

Would you like to know what to do during a disaster and how to help? Have you wanted to get involved in our Community Emergency Response Team (CERT) training but didn't know how?



Millcreek Emergency Management is excited to offer the next CERT course which will be starting in Spring 2022, and we would love to have you join us! Basic CERT training teaches you disaster response skills so you can safely help yourself and those around you when a disaster strikes. Learn how you can better prepare yourself, your loved ones, and your community. Classes will start on March 2, 2022 and will continue every other Wednesday until the Disaster Simulation in May. For anyone interested in participating in the next CERT training or who would like access to the online courses, please register at <https://bit.ly/33tvbhA>.

Register for Millcreek's Community Emergency Response Team (CERT) Training.

Sign up for the Spring 2022 Online Hybrid Course at: <https://bit.ly/33tvbhA>






March 2, 2022 - 6:00 pm - 8:00 pm
Introduction and Orientation
Unit 1: Disaster Preparedness

March 16, 2022 - 6:00 pm - 8:00 pm
Unit 2: CERT Organization
Unit 5: Disaster Psychology

March 30, 2022 - 6:00 pm - 8:00 pm
Unit 3: Disaster Medical Operations - Part 1

April 13, 2022 - 6:00 pm - 8:00 pm
Unit 4: Disaster Medical Operations - Part 2

April 27, 2022 - 6:00 pm - 8:00 pm
Unit 6: Fire Safety and Utility Controls
Unit 8: Terrorism and HazMat Safety

May 11, 2022 - 6:00 pm - 8:00 pm
Unit 7: Light Search and Rescue Operations and Victim Care

May 14 or 21, 2022 (Saturday)
Unit 9: Course Review and Disaster Simulation

IMPORTANT:
After you fill out and submit the form, the response will have the information for accessing the online course so make sure you copy it down!

Questions? Email CERT@millcreek.us

Millcreek Office of Emergency Management would like to give a special thanks to St. Mark's Hospital and Unified Fire Authority for allowing us to use a training space and for assisting with instruction and with equipment. The Rocky Mountain Center for Occupational and Environmental Health for making the online training modules available.



Exercise is good medicine

Advice from St. Mark's Hospital

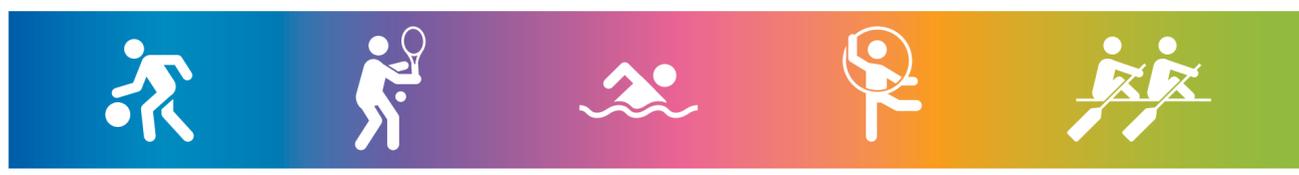
Exercising keeps your muscles toned and heart strong, but did you know it can also combat chronic health problems? Researchers are discovering that physical activity can reduce symptoms of certain conditions as much as—or even more than—medication.

- **Depression:** Exercise releases endorphins, a chemical in the body that reduces the perception of pain and improves mood. Studies show that aerobic and resistance exercises help alleviate depressive symptoms.
- **Type 2 diabetes:** Aerobic, strength and flexibility exercises help maintain healthy blood glucose levels and protect the heart from complications of diabetes. Low-impact activities like yoga, swimming or cycling are best for those with nerve pain.
- **Hypertension:** Research reviewed by the American College of Sports Medicine shows that aerobic exercises—like brisk walking or dancing—can help lower blood pressure in those with hypertension.
- **Osteoporosis and arthritis:** Exercise strengthens

bones and muscles that support joints. Range of motion and flexibility exercises also reduce joint pain.

- **Parkinson's disease:** Exercise maintains balance and mobility for those with Parkinson's. One popular therapeutic program uses boxing-style workouts to fight the degenerative effects of the disease. According to the National Parkinson Foundation, people with Parkinson's disease who exercise two and-a-half hours a week experienced a slower decline in quality of life.

And just in case, St. Mark's Hospital's Consult-A-Nurse is here to help with any of your health concerns. It's simple, free, and can offer you the peace of mind you need. Call 801-268-7940 and talk to a registered nurse who can help answer your health-related questions.



Who Represents You On Capitol Hill & In Salt Lake County? Find Out Here.

THE UTAH LEGISLATURE IS NOW IN SESSION! Did you know that Utah has one of the shortest legislative sessions in the country? For 45 days—seven short weeks—Utah’s citizen legislature gets together to

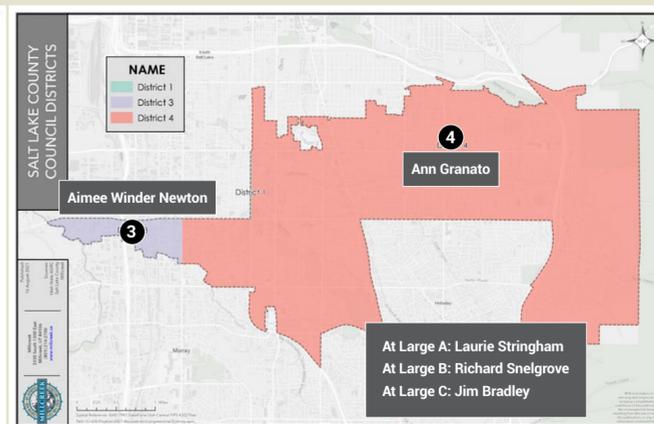
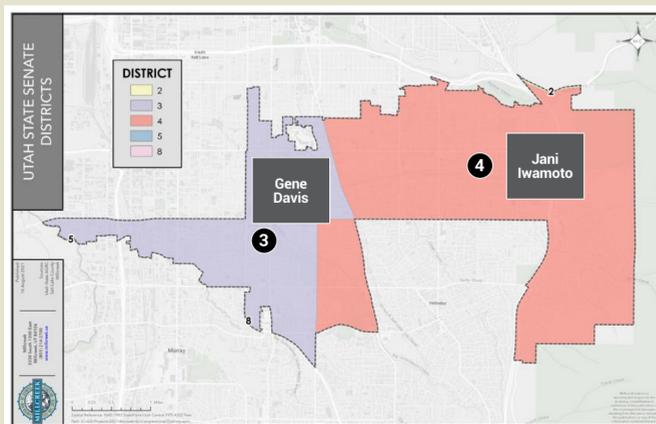
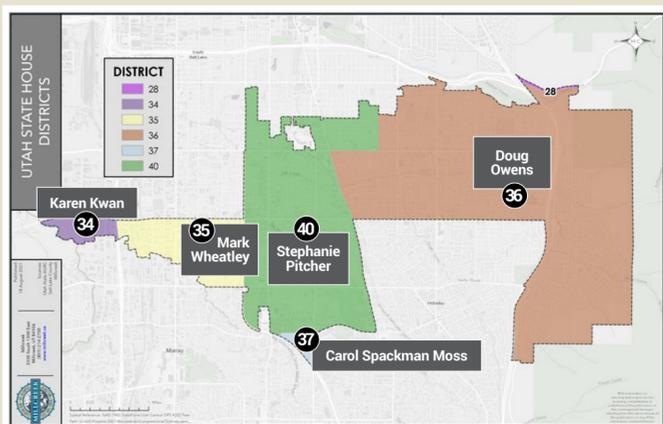
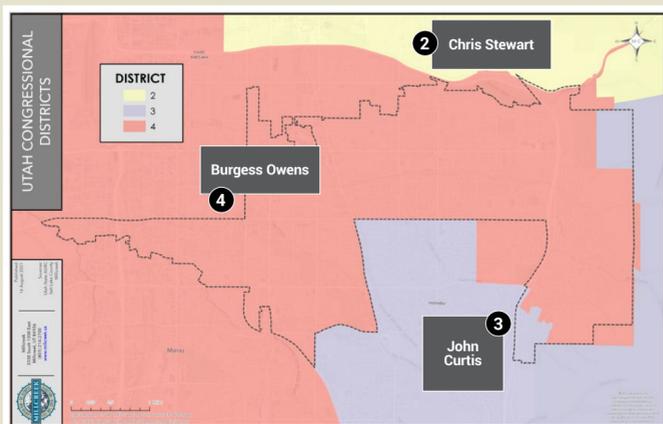
balance the state budget and pass a few hundred bills to try to make Utah a better place. Doctors, lawyers, realtors, teachers, retirees, bankers, and more leave their jobs for this time and then afterwards have to return to

their professions, families, and communities and live with the laws they just passed. It’s an efficient system that results in Utah being consistently ranked as one of the best managed states in the nation.

But who represents Millcreek on Utah’s Capitol Hill? See below! We appreciate these legislators who sacrifice time away from their families and jobs to represent us. The 2022 Legislative Session ends at midnight on

Friday, March 4, so if you want to reach out to your state senator or representative—or even visit them at the State Capitol—act quickly! Millcreek boundaries are indicated by the black

dotted line. We have also included a map of the Utah Congressional and County Council Districts currently in place. They will change when the new redistricting becomes effective later this year.



MITT ROMNEY
Senate

Washington: 202-224-5251
Salt Lake City: 801-524-4380
romney.senate.gov/contact

MIKE LEE
Senate

Washington: 202-224-5444
Salt Lake City: 801-524-5933
lee.senate.gov/contact



BURGESS OWENS
House of Representatives
Republican - District 4
Washington: 202-225-3011
West Jordan: 801-999-9801
owens.house.gov/contact



JOHN CURTIS
House of Representatives
Republican - District 3
Washington: 202-225-7751
Provo: 801-922-5400
curtis.house.gov/contact



CHRIS STEWART
House of Representatives
Republican - District 2
Washington: 202-225-9730
Bountiful: 801-364-5550
stewart.house.gov/contact



KAREN KWAN
House of Representatives
Democrat - District 34
Phone: 385-249-0683
Email: kkwan@le.utah.gov



MARK WHEATLEY
House of Representatives
Democrat - District 35
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Email: markwheatley@le.utah.gov



STEPHANIE PITCHER
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Democrat - District 40
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JANI IWAMOTO
Utah Senate
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AIMEE WINDER NEWTON
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Laurie Stringham
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At Large A
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Richard Snelgrove
Salt Lake County Council
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Email: rsnelgrove@slco.org

Jim Bradley
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Email: jbradley@slco.org

Jordan River Parkway Takes Shape In Millcreek

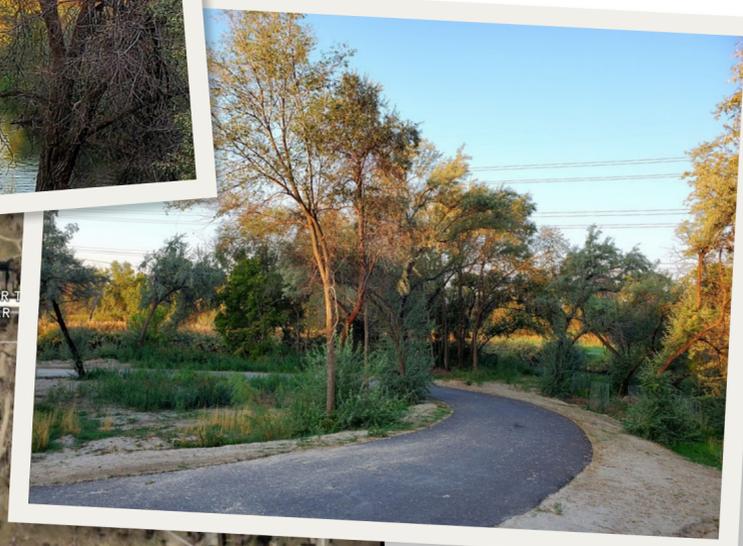
As a city “Connected by Nature,” Millcreek stretches from the beautiful Wasatch Range in the east to the peacefully flowing Jordan River in the west.

The Jordan River Parkway has historically skipped Millcreek altogether, jumping from South Salt Lake at 3900 South over to Taylorsville on the west side of the river where it heads further south. A lack of trail through the Millcreek section not only limits recreation opportunities, but it makes it more difficult to patrol and encourages illegal activities outside of public view.

However, under the direction of Millcreek’s Mayor and Council, the city has been able to secure a series of grants that have begun to make the Millcreek section of the trail a reality. A LeRay McAllister Open Space Grant from the Utah Quality Growth Commission has provided \$40,034 to purchase the private properties needed to connect

the publicly owned parcels along the river in Millcreek. These purchases closed in August. A Utah Division of Forestry, Fire, and State Lands grant for \$125,000, a Utah Outdoor Recreation grant

for \$250,000, a Millcreek match of \$80,000 from 2020 federal CARES Act funds, and a \$250,000 match from Salt Lake County Parks & Recreation have all combined to get the trail construction on its way.



The first 1,800 feet of parkway in Millcreek is already installed (heading south from 3900 South), with more to continue southward in the spring. In early 2022 the Taylorsville-Bennion Improvement

District pump station at 1035 West 4000 South will be gone, and plans call for a beautiful trailhead in its place. “With restroom facilities, a 25-stall parking lot, and a 12-table picnic pavilion,

Millcreek’s Jordan River Parkway trailhead will be fantastic,” said Millcreek City Councilwoman Silvia Catten, who represents the city on the Jordan River Commission. “A pedestrian bridge connecting the new Millcreek section with the parkway on the west bank will be built mid-block, too, resulting in a one mile loop that our residents can enjoy,” she said.

MILLCREEK COMMON

UPDATE ON PROGRESS

What Is Happening On The Old Jo-Ann's Corner?

Ever since Jo-Ann's Fabric and Crafts moved from the northeast corner of 3300 South and 1300 East to their new location at 2330 East 3300 South a few years ago people have wondered what will happen to that key corner.

Millcreek residents noticed the buildings on that corner were demolished in recent weeks, and plans are now underway for a key corner of Millcreek's city center.

In December, the Millcreek Planning Commission approved Millcreek Common West—a beautiful mixed-use building to be developed by Cottonwood

Residential. They required that this six-story structure be made of the highest quality materials, including dark brick, stone, and glass with no stucco.

It will include 215 residential dwellings above 7,600 square feet of retail and coworking office space, with an additional 10,000 square feet of retail and restaurant space facing Millcreek Common. Millcreek Common West will share a 460 space parking stall with Millcreek Common and the new City Hall, which will be built on the northeast corner of the block.

"This project will enhance the placemaking and community building functions of Millcreek Common," said Councilwoman Cheri Jackson, whose district the new project will be in. "Having a great mix of new restaurants, paired with some office and residential, will bring some terrific vitality to our blossoming city center."

Ground will be broken on the project in 2022 and it is expected to be completed in 2024.



More on Millcreek Common and City Hall

Millcreek Common construction is well underway with an opening date in early Spring 2022 and plans for the new City Hall are nearing completion.

Millcreek Common is under construction and residents should be able to enjoy events starting this spring. Ground will be broken for the new City Hall in March. Besides city offices the building will also include a marketplace and a rentable Community Room with a view.



WATERWISE PARK STRIP LANDSCAPING CLASS

Looking to switch out the lawn in your park strip for something more water-efficient? Led by Central Utah Water Conservancy District, this class will give you the guidance you need to get started. Together, we will learn about the types of plants and maintenance techniques best suited to park strips, as well as the park strip conversion rebate incentive known as "Flip Your Strip." Become eligible for a greater rebate just by attending this class!

DATE: MARCH 8, 2022
 TIME: 7:00 P.M.
 HOSTED VIRTUALLY

Please register in advance at:
www.cottonwoodheights.utah.gov/sustainability

**NEW UNIFIED POLICE DEPARTMENT
 NON-EMERGENCY NUMBER:**

801-840-4000

UPD MILLCREEK PRECINCT: 1580 E 3900 S

STAY IN THE KNOW AND MAKE YOUR VOICE KNOWN

<p>MAYOR, JEFF SILVESTRINI 801-214-2705 jsilvestrini@millcreek.us</p>	<p>CITY COUNCIL DISTRICT 1 SILVIA CATTEN 801-214-2701 scatten@millcreek.us</p>	<p>CITY COUNCIL DISTRICT 2 THOM DESIRANT 801-214-2702 tdesirant@millcreek.us</p>
<p>CITY COUNCIL DISTRICT 3 CHERI JACKSON 801-214-2703 cjackson@millcreek.us</p>	<p>CITY COUNCIL DISTRICT 4 BEV UIPI 801-214-2704 buipi@millcreek.us</p>	

JOIN US FOR CITY COUNCIL MEETINGS
 EVERY 2ND AND 4TH MON WORK MEETINGS: 5 PM, REG MEETINGS: 7 PM
 MILLCREEK CITY HALL, 3330 S 1300 E
 MEETINGS ARE LIVE STREAMED AT MILLCREEK.US

STAY UP TO DATE ON MILLCREEK
 SIGN UP FOR OUR WEEKLY ELECTRONIC NEWSLETTER FOR INFORMATION AND CITY MEETING AGENDAS:
MILLCREEK.US/217/NEWSLETTERS

<p>COMMUNITY COUNCIL MEETINGS</p>	<p>MT. OLYMPUS COMMUNITY COUNCIL DAVID BAIRD, CHAIR davidbaird70@yahoo.com 801-831-7943</p>	<p>MILLCREEK COMMUNITY COUNCIL JAMIE WALKER, CHAIR jamiew@walkerhomedesign.com 801-699-7262</p>	<p>CANYON RIM CITIZEN'S ASSOCIATION ROBERT PETERSON, CHAIR gateink@comcast.net 801-865-7509</p>	<p>EAST MILL CREEK COMMUNITY COUNCIL NANCY CARLSON-GOTTS, CHAIR n.carlsongotts@comcast.net 801-582-9373</p>
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— FOR ALL COUNCIL MEETING TIMES AND LOCATIONS PLEASE VISIT MILLCREEK.US AND GO TO CALENDAR —

Watch for Ordinance Updates

Five years ago, one of Millcreek's first official acts as a city was to adopt the Salt Lake County Zoning and Subdivision Ordinances as its own, in order to regulate land uses in the City. Soon thereafter, the City started making changes to this code, including crafting new rules for commercial, multifamily, and industrial uses; updating definitions and making numerous technical fixes; creating new policies for public notices, fences and walls, and accessory dwelling units; and creating new zones for Millcreek's City Center and for St. Mark's Hospital.

While we have made significant progress on our code, some of the language dates to the 1950s and 1960s. Piecemeal changes from the past have produced a variety of formats and inconsistent language.

PERMITS | ORDINANCES | PROCEDURES



Millcreek staff is embarking on a project to further improve and streamline Millcreek's Zoning and Subdivision Ordinances. In the next year, we will be updating the ordinances with a goal to:

- 1. Use consistent language throughout the code.**
- 2. Remove aspects from the old County ordinance that we don't need, such as an Airport Overlay Zone.**
- 3. Ensure that our code is compliant with state law.**
- 4. Streamline approval processes where possible.**

5. Change formatting and language to make the code easier to read and administer.

6. Create options for administrative subdivision and site plan approvals.

Along the way, we will modernize and update standards according to best practices. For example, as a community, we are increasingly aware of challenges to our water quality and supply. The code updates are an opportunity to update and modernize our landscaping and water efficiency requirements for new buildings.

As we embark on this process, we welcome your thoughts on how the code could be improved. *Please send an email with your thoughts to filly@millcreek.us.*

important PHONE NUMBERS

Millcreek City Offices:
801-214-2700

**Public Works Operations
24-Hour Hotline** (Snowplowing, pavement management, streetlights): 385-468-6101

**Unified Police Department
NON EMERGENCY Number:**
801-840-4000

Emergency Services
(Preparation and Disaster Preparedness Programs):
801-214-2700

Planning & Development Services (Code Enforcement, Building Permits, Business Licenses):
801-214-2700

Animal Services (Adopt a Pet, Licensing, Pet Lost And Found):
385-468-7387

Landfill (Trash & Hazardous Waste Disposal, Compost Sales): 385-468-6370

Parks & Recreation:
385-468-1800

Library Services:
801-943-4636

Wasatch Front Waste & Recycling (Garbage and Recycling): 385-468-6325

Aging Services (Active Aging, Meals on Wheels, Senior Transportation): 385-468-3200

Youth Services (Counseling, Crisis Therapy, Substance Abuse Treatment): 385-468-4500

Health Department (Birth & Death Certificates, Food Handler Cards, Immunization Programs):
385-468-4100

Salt Lake County Jobs:
385-468-0570

South Salt Lake Valley Mosquito Abatement District, 801-255-4651

USU Extension Services
(Gardening, Natural Resources):
385-468-4820

Weed Control: 801-214-2700

Unified Police Makes Child ID Kits Available to Millcreek

Our amazing partners at the UPD have made Child ID Kits available, free of charge, to residents.

These kits contain sections where parents can fill out important ID and medical information for their child along with a fingerprint and DNA section. In the event the unthinkable happens and a child goes missing, this kit is ready to assist the authorities in their search. Kits are available for pick up at the Millcreek UPD Precinct offices, 1580 E 3900 S, or City Hall, 3330 S 1300 E, during business hours.

We thank the UPD and their state partners along with sponsors Rocky Mountain Power, the International Brotherhood of Electrical Workers, Vivint, and Johnson & Johnson for providing this important tool to Millcreek residents.



cont. from page 1: Thom

biggest difference at the local level.

MCN: Why did you decide the time was right to run for a seat on the Millcreek City Council?

Thom: At the end of 2020, I had several friends and mentors ask me why I had never run for office, and was encouraged by them to consider looking for an open seat. In February or March, one of those people reached out and said they didn't believe Dwight Marchant would run for re-election. When Dwight confirmed to me that he was not planning on running, I decided that maybe it was the right time for me to run. I then spoke to the mayor, and he mentioned that at that point I had been the only resident regularly attending city council meetings for at least a year, and he couldn't think of anyone else who would be as qualified to run.

MCN: What will be your top three objectives while on the council?

Thom: I'd like to see more of the housing that is built be owner-occupied so younger

families can buy their first home, I'd like to see more easily accessible green space around the city, and I want the city to be more pro-active with resident outreach.



MCN: Where would you like to see Millcreek in 10 years?

Thom: That's a tough question, so much can change so quickly! I'd like to see the new City Hall building completed so we aren't renting space anymore. I'd also like to see more pocket parks around the city and more residents attending local events.



MEET WITH THE MAYOR

Like to have a conversation with Mayor Jeff Silvestrini?

He is available on Fridays from 2-4 p.m. for 15 minute virtual appointments.

Please call the Millcreek Information Center at 801-214-2700 to schedule an appointment.

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millcreek.us

Millcreek City Hall, 3330 S 1300 E
Millcreek, UT 84106 Main: (801) 214-2700

DESIGNED BY BLUE CAIRN MEDIA