

MILLCREEK NEWS



Millcreek, Connected by Nature | Volume: 3 Issue: 2 | April/May 2019 | millcreek.us

CITY CENTER MASTER PLAN IS READY FOR COMMUNITY REVIEW



With significant help from you, our planners and consultants have completed a detailed vision for Millcreek's City Center. The draft City Center Master Plan is now ready for public review and the formal adoption process.

The Millcreek City Center is located in the

area between Highland Drive and 1300 East from 3300 South to Elgin Avenue. The district straddles a fault line, over which no new buildings can be constructed. To accommodate that geologic feature, and we have envisioned a community gathering space where neighbors can interact on a daily basis and large public events can take

place from time to time, in all four seasons.

The scale of the anticipated buildings is designed to be sensitive to the surrounding neighborhoods, as well as to the theme of our City—"Connected by Nature."

The plan does several things, including:

- Setting a vision for the Millcreek City Center as a mixed use activity center, to include commercial uses as well as residential, all anchored on a significant public open space that can be enjoyed by all residents.
- Identifying conceptual design standards for all buildings, to be written into code this summer.
- Identifying new street cross-sections that enhance walkability and livability as well as provide additional opportunities for on-street parking.
- Recommending the creation of a pedestrian-friendly network of streets, lanes, and paths.
- Identifying recommended building heights by subdistrict.
- Recommending the establishment of high-quality design standards and requirements for commercial and mixed uses, especially along the open space.

In their May public meetings, the community councils will be reviewing the draft master plan. The Planning Commission will hold a public hearing on Wednesday, May 15th, at 5 PM. The Planning Commission may hold an earlier work session; if they do, the date will be announced here. Additionally, the City Council will have a public hearing before adopting the master plan.

Visit the city website, Millcreek.us, to review the plan. Come to the public meetings and hearings to tell us your views, or send your comments to our Community Development Director Francis Lilly at filly@millcreek.us

Here's Millie!



MILLIE MILLCREEK

Have you had a chance to visit the new DownEast store in Millcreek? If not, add this to your list of Millcreek finds. You need to check it out! I recently picked up a different job and thought I would stop in to get a new shirt; I was VERY impressed with what I saw. A stylist helped me find the perfect blouse and my new favorite go-to earrings. I have been to various DownEast stores throughout the years, but this store is TOTALLY different.

One of the elements that caught my eye that I have NEVER seen in a furniture store before is that they have a community room that is open and available to rent. If you have ever wished you had access to a large, stylish room that has comfortable couches, tables and chairs... LOOK NO FURTHER. For a minimal rental fee (I was told \$25 for a small event I was interested in booking, but it varies depending on the event) you can rent their community room for recitals, baby showers, family gatherings, DIY workshops, Book Club, Bunko, Service Projects, Craft Night, etc. It is the perfect space for a larger gathering (and the best part is that you don't have to scramble last minute trying to clean your house before your guests come).

They also have featured art collections come periodically, which sell original pieces as well as prints. Starting on April 1st through May 31st they are going to have work from Jeff Pugh. They even have a "meet the artist" night, as well as an art talk, on Friday April 12th at DownEast at 7:00 p.m. Milford and I are suckers for art, and unless something comes up, we will be there. A little icing on the cake is that at the Millcreek location, DownEast has a soda fountain with different flavored Torani syrups available. The best part is once you buy a DownEast tumbler, your drinks are unlimited free refills for the next year, using their tumbler. I hope you are able to stop in and check it out. This sounds like a great date night for Milford and me. Perhaps I'll see you there!

XOXO, Millie

MAYOR'S MESSAGE JEFF SILVESTRINI

State of the City is Good



As we enter the final quarter of our second full fiscal year, I offer some observations about the state of our city. Given our focus on supporting local businesses and encouraging economic development combined with a strong economy, Millcreek's sales tax collections are up 8% for 2018 over 2017. We are actually performing better than our peers (13th best in the state). As a city which

runs primarily on sales tax, this is obviously good news. Further, new growth in Millcreek has resulted in the city collecting nearly \$850,000 more in property tax than was projected when we calculated what we would need to pay our contract with Unified Police. The extra reflects that Millcreek's tax base is growing (not merely appreciating in value) and that our economy is healthy and improving. The extra tax revenue combined with our emphasis on fiscal responsibility should allow us to hold the line on any property tax increase for the coming fiscal year and potentially reduce the amount we must borrow to fund our UPD contract over the course of the year.

That is not to say we don't have needs and concerns. Millcreek's aging storm drain system has caused us headaches this year. We experienced several emergencies

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Millcreek, UT 84106



The Joys of Giving Back— Volunteering is Valuable

With busy lives, it can be hard to find time to for yourself, let alone time to volunteer. However, the benefits of volunteering are enormous to you, your family, and your community. The right match can help you find friends, learn new skills, and even advance your career. Volunteering can also help protect your mental and physical health.



BENEFITS OF VOLUNTEERING #1: VOLUNTEERING CONNECTS YOU TO OTHERS

One of the better-known benefits of volunteering is the impact on the community. Unpaid volunteers are often the glue that holds a community together. Volunteering allows you to connect to your community and make it a better place. Dedicating your time as a volunteer helps you make new friends, expand your network, and boost your social skills.

Volunteering helps you make new friends and contacts. One of the best ways to make new friends and strengthen existing relationships is to commit to a shared activity together. Volunteering is a great way to meet new people, especially if you are new to an area.



BENEFITS OF VOLUNTEERING #2: VOLUNTEERING IS GOOD FOR YOUR MIND AND BODY

Volunteering increases self-confidence. Volunteering can provide a healthy boost to your self-confidence, self-esteem, and life satisfaction. You are doing good for others and the community, which provides a natural sense of accomplishment. Your role as a volunteer can also give you a sense of pride and identity. And the better you feel about yourself, the more likely you are to have a positive view of your life and future goals. Volunteering combats depression. Reducing the risk of depression is another important benefit of volunteering.



BENEFITS OF VOLUNTEERING #3: VOLUNTEERING BRINGS FUN AND FULFILLMENT TO YOUR LIFE

Volunteering is a fun and easy way to explore your interests and passions. Doing volunteer work you find meaningful and interesting can be a relaxing, energizing escape from your day-to-day routine of work, school, or family commitments. Volunteering also provides you with renewed creativity, motivation, and vision that can carry over into your personal and professional life.

CONSIDER YOUR GOALS AND INTERESTS

You will have a richer and more enjoyable volunteering experience if you first take some time to identify your goals and interests. Start by thinking about why you want to volunteer. Also think about what you would enjoy doing. Volunteer opportunities that match both your goals and your interests are most likely to be fun and fulfilling for you.

In your search for the right volunteer opportunity, don't limit yourself to just one organization or one specific type of job. Sometimes an opportunity looks great on paper, but the reality is quite different. Try to

visit different organizations and get a feel for what they are like and if you click with other staff and volunteers. The more satisfaction you have as a volunteer, the better your contributions and the more likely you'll continue.

This message was sent to Ashley Cleveland, the Millcreek Promise Program Manager by Janet Mueller, one of Millcreek's wonderful volunteers. Janet spends time each week reading with a child at Mill Creek Elementary and beautifully explains why this program is important both to the kids and to her.



HELLO ASHLEY!

I am an existing volunteer and just started a few months ago. What an exciting program watching these kids just grow and develop before your eyes. This is without a doubt the best investment of my time during my retired career. Since our state voted down the initiative to increase funding for our teachers, students, and schools, the community needs to dig deep and donate whatever possible. A little sweat equity goes a long way. Instead of "Read With Kids", you should rename the project "Time to Step Up, we really need your help!" With all sincerity, the faculty have been so very appreciative and the kids so endearing. I feel fortunate to have had this opportunity.

Best regards,
Janet Mueller"

Along for the Ride

By Marlee Jeppsen

If you pass a biker on the road to work, look again! It might be Lou Melini, the 68 year-old Millcreek citizen on one of his daily rides. What for some may simply be a form of exercise is much more to Lou—it's a way of life.

Shortly after the creation of Earth Day in 1970, Lou became invested in biking. A cross-country bike trip with a college friend in 1975 only cemented this desire—indeed, in Lou's own words, "That ride changed my life." Lou's passion only grew from there. Although he worked professionally as a Physician's Assistant, he regularly wrote, and continues to write, for bicycling magazines and volunteers at the Bicycle Collective.

However, Lou has not been alone on his grand adventures. Right by his side has been his wife Julie, his "greatest travel partner," every step—and bike pedal—of the way. In 2016, the couple made the 176-day hike of the Appalachian Trail, traveling over two thousand miles on foot. Not to be outdone, they made a 71-day bike ride across the country on the TransAmerica Trail from Oregon to Virginia in 2018. In fact, Lou and Julie have traveled together on many other bike and backpack trips totaling seventeen months.

In Lou's opinion, such trips aren't classified as adventures—they're merely well-planned vacations. "An adventure," he says, "is when I screw up the planning!" Lou and Julie know all too well that all you can do when things don't quite according to plan is react as best you can to the situation. From gear adjustments to urging each other forward, the couple describe themselves as "a great team—combining strengths to push further" as they hike and bike across America.

When asked what his favorite thing about biking was, Lou's simple answer was "the



lifestyle." It's not a just a sport or a hobby for the Melini's, it encompasses everything they do in their daily lives. Lou and Julie can often be seen biking to the grocery store, and whenever possible, to work. Whether its benefits can be found in an increased sense of adventure, a larger social community, rewarding volunteer work, exercise, or a more economic and environmentally-friendly mode of travel, one thing is clear—for Lou Melini, biking is a source of "joy" and "confidence." Biking holds the same potential for every person with a willingness to try something new.

A MESSAGE FROM MILLCREEK'S CITY RECORDER

In accordance with Utah Code Ann. 10-3-301, notice is hereby given that the following municipal offices are to be voted upon in the Millcreek 2019 Municipal Election to serve four-year terms: Mayor, Council District 1, and Council District 3. The period for eligible candidates to file a declaration of candidacy is June 3-7, 2019 during regular business hours, 8 a.m. - 5 p.m., at Millcreek City Hall with the City Recorder. If necessary, a primary election will be held on August 13, 2019. The general election will be held on November 5, 2019.

Millcreek utilizes vote by mail through Salt Lake County. Questions may be directed to City Recorder Elyse Greiner at 801-214-2601.



How to Raise a Kind Child in an Unkind World

By Andrea Arlt | GLOW Coach
(Girls Leading Our World)
Aviva Woman, Millcreek UT.

Sticks and stones hurt and so do words. There is much to be said about the challenges that face our young people and the ever-growing access to all kinds of news and social drama beginning at still younger ages. But we live in a beautiful world filled with wonderful people. Here are a few tips to raising kind kids.

Kindness is contagious – When our children see us being kind they will follow our lead.

Smile and make eye contact with those you come in contact with, it can make all the difference in someone's day.

Empathy may not come naturally for everyone but it can be learned. Teach your child by finding out what resonates with them and show them how to be empathetic in similar circumstances. For example, if your child has experienced being sick often, when a friend is sick encourage your child to do something

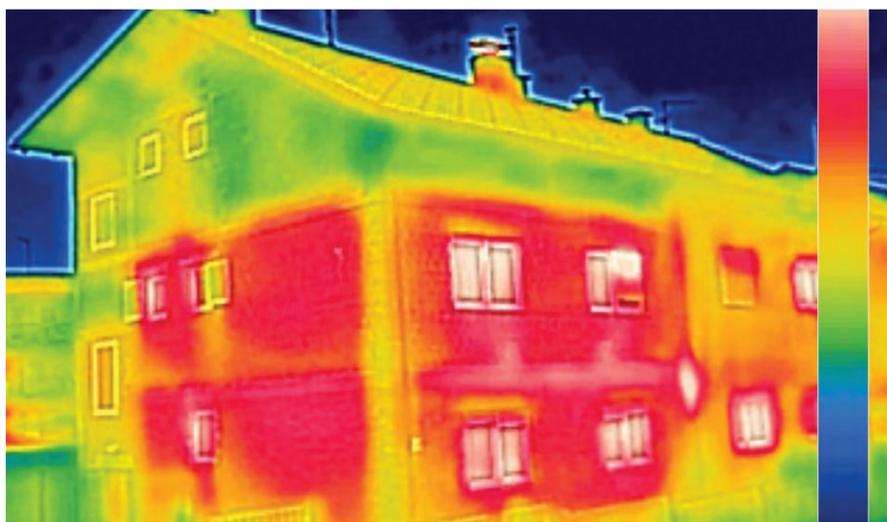
special for that friend.

Involve your children in volunteering in your school, community, or church. Volunteer to do an activity with residents at a nearby senior living center. Ask them how it makes them feel to serve.

Take advantage of teaching moments with your children. I have always found the car to be a great place for teaching, you have a captive audience with nowhere else to go!

Point out acts of kindness when someone has done something nice for your child or your family. Make it a habit of telling them about acts of kindness you see out in the world.

We can have differences of opinion and still get along with others. It doesn't matter if we have different political, religious view, etc. There is good to be found in everyone! If you look for it you will find it.



Millcreek Firefighters Have Superpowers

Thermal imaging machines-- fancy words for a real-life x-ray vision. The latest addition to Millcreek's firefighters, these machines are almost invaluable in disasters. Suddenly, seeing in dark or smoke is no longer a concern. Picking up body heat, thermal imaging machines can lead firefighters to where victims are trapped. They're also capable of displaying the source of a fire, leading to a quicker extinguishing than ever before. We're delighted to have another tool protecting the citizens of Millcreek.

STAY IN THE KNOW AND MAKE YOUR VOICE KNOWN



MAYOR, JEFF SILVESTRINI
801-214-2705
jsilvestrini@millcreek.us



CITY COUNCIL DISTRICT 1
SILVIA CATTEN 801-214-2701
scatten@millcreek.us



CITY COUNCIL DISTRICT 3
CHERI JACKSON 801-214-2703
cjackson@millcreek.us



CITY COUNCIL DISTRICT 2
DWIGHT MARCHANT 801-214-2702
dmarchant@millcreek.us



CITY COUNCIL DISTRICT 4
BEV UIPI 801-214-2704
buiipi@millcreek.us

JOIN US FOR CITY COUNCIL MEETINGS
EVERY 2ND AND 4TH MONDAY
WORK MEETINGS: 5:00 PM, REGULAR MEETINGS: 7:00 PM
MILLCREEK CITY HALL, 3330 S 1300 E

STAY UP TO DATE ON MILLCREEK
SIGN UP FOR OUR WEEKLY ELECTRONIC NEWSLETTER FOR INFORMATION AND CITY MEETING AGENDAS:
MILLCREEK.US/NEWSLETTER

COMMUNITY COUNCIL MEETINGS

MT. OLYMPUS COMMUNITY COUNCIL
1st Tuesday at 6:00pm
Churchill Jr. High
3450 Oakview Drive
DAVID BAIRD, CHAIR
davidbaird70@yahoo.com
801-831-7943

MILLCREEK COMMUNITY COUNCIL
1st Tuesday at 6:30pm
Millcreek City Hall
3330 S 1300 E
DIANE ANGUS, CHAIR
dangusmail@yahoo.com
801 266-1410

CANYON RIM CITIZEN'S ASSOCIATION
1st Wednesday at 7:00pm
Christ United Methodist Church
2375 East 3300 South
JEFF WATERS, CHAIR
jeffgolfguy@comcast.net
801-557-6110

EAST MILL CREEK COMMUNITY COUNCIL
1st Thursday at 6:30pm
Millcreek Community Center
2266 E. Evergreen Ave.
NANCY CARLSON-GOTTS, CHAIR
n.carlsongotts@comcast.net
801-582-9373

The Doctor is In and Ready to See You

By Marlee Jeppsen

St. Mark's Hospital has long been a staple for Millcreek residents. We are proud to note the opening of a new Level II Trauma Center at their facility in October of 2018. Although St. Mark's has been operating as a Level II Center for the past two years, they are now one in name as well. The only Center of its caliber in the Salt Lake Valley, and one of only four in Utah, St. Mark's is a jewel in our community.

The Center provides twenty-four/seven medical care for traumatic injuries. When caring for patients who require immediate medical attention, it's critical for staff to be immediately on hand. With this new opening, surgeon response time has been cut in half. More specialized surgeons, such as anesthesiologists, are available. St. Mark's Level II Trauma Center treats over a thousand trauma patients annually.

It's a dangerous world out there. But with St. Mark's Hospital, Millcreek is that much safer.

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where corrugated metal underground pipes collapsed, necessitating emergency repairs. These repairs sapped funds from several capital improvement projects we were hoping to deliver to you this past year in the form of new sidewalks, street lights and traffic calming measures. We will work to replace that funding and get those projects back on track. We also are facing a substantial increase in our contract with Salt Lake County for snowplowing due to some accounting problems at the county. We are negotiating now to mitigate that proposed increase and to encourage the county to implement more transparency in its budgeting, so we can ensure Millcreek residents get full value for their city tax dollars.

I am pleased to report that we have been able to arrange to advance the funding of the federal grant we received for reconstruction of 3900 South by a couple of years so that project can begin construction in 2020. This

past year we were able to raise the remaining \$4 million of the \$8.7 million required for that project. I am currently working on grant funding to fix 1300 East and Highland Dr.

Our Millcreek Promise program has placed dozens of volunteers working with teachers at Mill Creek Elementary School to "Read with Kids." Millcreek Promise secured a \$500,000 "21st Century Grant" to start an after-school program there as well. This initiative is working to bridge divides and build community throughout our city, connecting volunteers with students. With the help of our volunteers and with this grant funding, we are keeping our promise to help Millcreek's kids read and perform at grade level so they get a good education, stay on the track for success in life and make our community better and stronger. I am thrilled we have been able to accomplish these things with only a minimal expenditure of your tax dollars, by working hard to secure grants and donations. (If you want to volunteer or contribute, please let me know!)

Despite what you may think from

perusing social media, reported crime in Millcreek was lower in 2018 than any time in the past five years. At the request of Millcreek residents who have complained about speeding, our UPD officers wrote twice as many citations this February compared to last year and our new Community Crime Suppression Unit (funded with the extra money we discovered we were paying over a year ago) has solved an unprecedented number of burglary, drug and identity theft crimes in our city.

Finally, we can celebrate the adoption of our new "Millcreek Together" General Plan. After two years of public input and tweaking, the Plan, a road map to Millcreek's future, was adopted by the City Council this spring. By many accounts, this was a product of one of the most thorough and complete public processes of any General Plan in the state. Many thanks to all of the thousands of Millcreek residents who helped by providing input! Thanks to you, the state of our city is stable and good.



Daniel Amicone. Odds are, he'll probably ask about your plans, and tell you to "have a good day."

Amicone's entire life has been dedicated to keeping people safe. He retired after a 28-year career in in-house security. After a brief stint of retirement, he picked up a new hat, and has worked as a crossing guard for the past three years. His lovingly guarded intersection is home to many pedestrians, including the elementary school children of Mill Creek Elementary walking to school, and high schoolers of Olympus and Skyline on their way to the bus stop.

For Amicone, the job isn't about the money. It's about "taking care of people... and making sure they're all safe." He genuinely enjoys his time spent helping students and citizens cross the busy road. Every morning as the elementary kids cross the street, Amicone tells them to have a good day at school. When they return in the afternoon, he asks them about how their day was. He is genuinely invested in their happiness and safety.

Indeed, Amicone fully enjoys his life and work. His motto: "life is

Word on the Street

Crossing the street can be a dangerous endeavor, even when the "walk" light is on. But if you happen to be crossing at the intersection of 39th South and 9th East, don't worry about it! Your journey to the other side of the road will be well protected by local crossing guard, 69 year old

too short to not have love and respect to [each] other." As he interacts with every person who crosses the road with his help, Amicone follows his own maxim, going out of his way to treat everybody with love and respect. "I'm so lucky," says Amicone. "I'm thankful." He's an inspiration to the rest of us: a man who loves his life, loves helping others, and always takes time to enjoy the little things around him.

important PHONE NUMBERS

Millcreek City Offices:
801-214-2700

Public Works Operations
24-Hour Hotline (Snowplowing, pavement management, streetlights): 385-468-6101

Emergency Services
(Preparation and Disaster Preparedness Programs):
801-214-2700

Planning & Development Services (Code Enforcement, Building Permits, Business Licenses): 801-214-2700

Animal Services (Adopt a Pet, Licensing, Pet Lost And Found): 385-468-7387

Landfill (Trash & Hazardous Waste Disposal, Compost Sales): 385-468-6370

Parks & Recreation:
385-468-1800

Library Services:
801-943-4636

Wasatch Front Waste & Recycling (Garbage and Recycling): 385-468-6325

Aging Services (Active Aging, Meals on Wheels, Senior Transportation):
385-468-3200

Youth Services (Counseling, Crisis Therapy, Substance Abuse Treatment):
385-468-4500

Health Department (Birth & Death Certificates, Food Handler Cards, Immunization Programs):
385-468-4100

Salt Lake County Jobs:
385-468-0570

South Salt Lake Valley Mosquito Abatement District, 801-255-4651

USU Extension Services (Gardening, Natural Resources): 385-468-4820

Weed Control: 801-214-2700

Millcreek will continue to contract with Salt Lake County Public Works for snow plowing, street repairs and other public works operations services.

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Millcreek City Hall, 3330 S 1300 E
Millcreek, UT 84106 Main: (801) 214-2700